

Baseball – Where Precision Meets Power

The fastest recorded pitch in history reached 105.1 mph (169 km/h), thrown by Aroldis Chapman. That's less reaction time than a blink — just 0.4 seconds from mound to plate!

YOUR TEXT HERE

JANUARY 2026

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Fencing is Fast

A fencer's strike can reach speeds of up to 135 miles per hour (217 km/h) — faster than a rattlesnake’s strike!

YOUR TEXT HERE

FEBRUARY 2026

SUN	MON	TUE	WED	THU	FRI	SAT
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JANUARY

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MARCH

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90 Minutes, Endless Passion

During a professional soccer match, players run an average of 7 to 10 miles, combining endurance, strategy, and explosive power — all in just 90 minutes.

YOUR TEXT HERE

MARCH 2026

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FEBRUARY

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Ice Hockey – Where Blades Carve Legends

First introduced in the 1920 Olympics, ice hockey is one of the fastest and most intense team sports. Canada reigns supreme with the most Olympic titles, but it was Team USA's astonishing "Miracle on Ice" victory over the USSR in 1980 that forever etched the sport into Olympic lore.

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APRIL 2026

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MARCH

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Swimming – Where Speed Meets Silence

Water is 800 times denser than air, which means every stroke is a battle against resistance. Elite swimmers can push through it at nearly 8 km/h, faster than most people can run in water!

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MAY 2026

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Precision in Motion

A tennis ball can reach speeds of over 130 mph (209 km/h) during a serve — faster than most sports cars accelerate.

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JUNE 2026

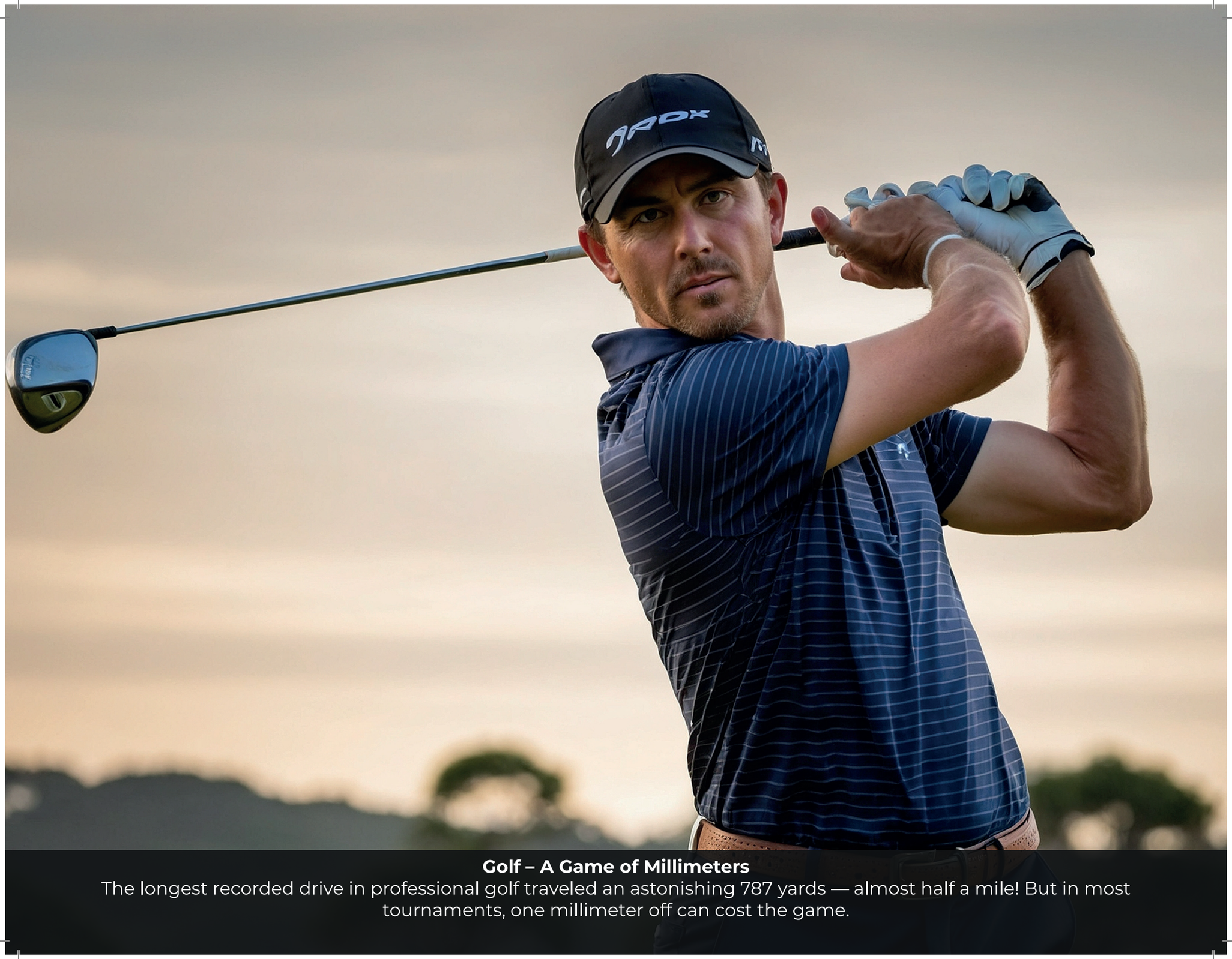
SUN	MON	TUE	WED	THU	FRI	SAT
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MAY

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JULY

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Golf – A Game of Millimeters

The longest recorded drive in professional golf traveled an astonishing 787 yards — almost half a mile! But in most tournaments, one millimeter off can cost the game.

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JULY 2026

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Boxing – Olympic Rings, Global Legends

Boxing entered the modern Olympic Games in 1904 and has since crowned icons like Muhammad Ali, who won gold in Rome 1960. Fun fact: Cuba is a boxing powerhouse, holding over 40 Olympic gold medals in the sport.

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AUGUST 2026

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Gymnastics – The Art of Human Precision

A top-level gymnast's routine can exert over 14 times their body weight on their arms during a still rings performance. Despite looking effortless, every pose and tumble is calculated to the millimeter—making it one of the most physically demanding sports in the world.

YOUR TEXT HERE

SEPTEMBER 2026

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Basketball – Gravity-Defying Plays

The highest recorded vertical jump in basketball history is over 48 inches—a feat achieved by players like Wilt Chamberlain and Michael Jordan. The average NBA player runs about 4 miles per game, combining raw athleticism with nonstop strategy on the court.

YOUR TEXT HERE

OCTOBER 2026

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Cycling – Pedal Power & Endurance

The longest officially recorded cycling race covered a grueling 320 km in a single day — a true test of human endurance. Modern cyclists rely on cutting-edge aerodynamics, carbon fiber frames, and teamwork to reach top performance on the road.

YOUR TEXT HERE

NOVEMBER 2026

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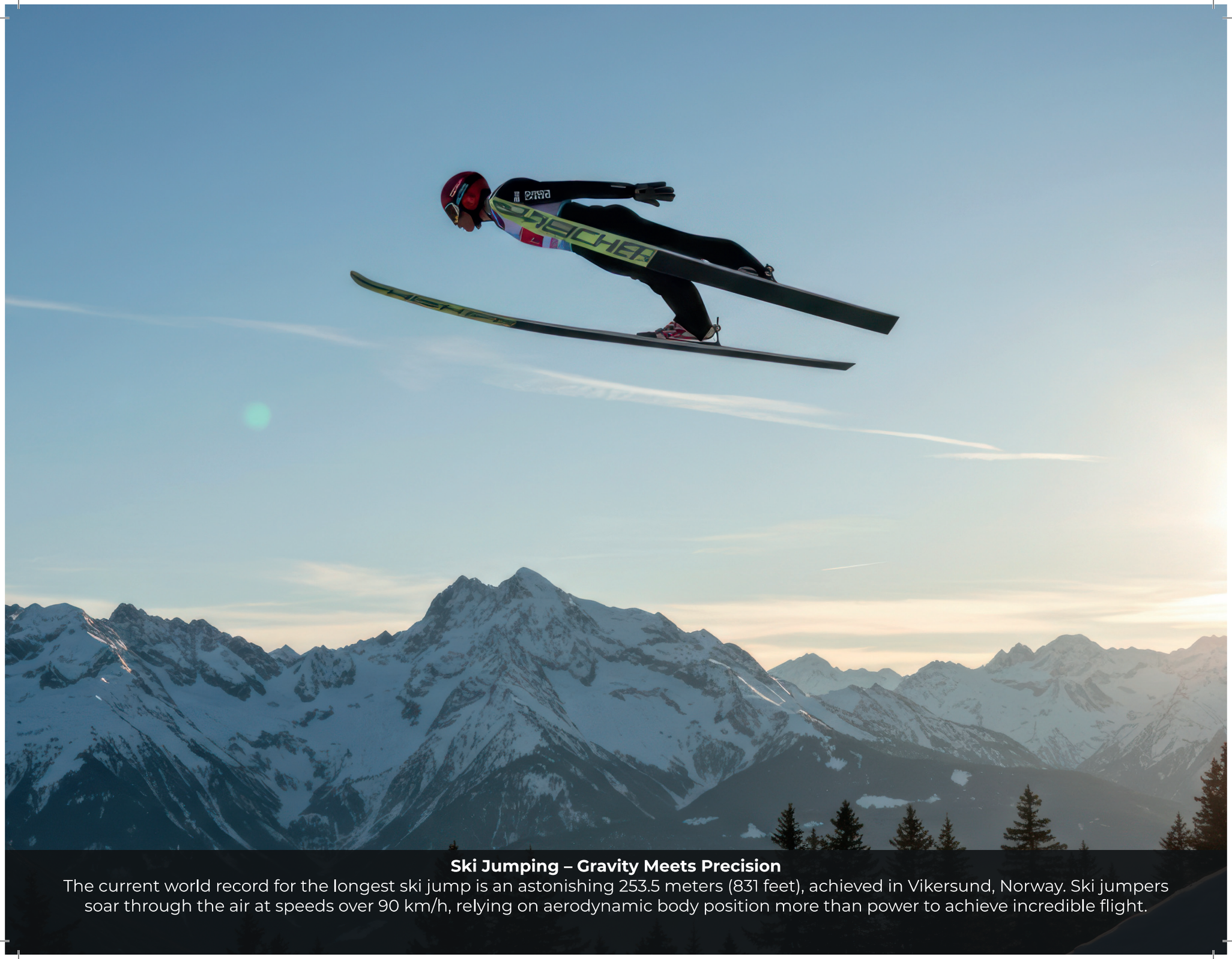
OCTOBER

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DECEMBER

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Ski Jumping – Gravity Meets Precision

The current world record for the longest ski jump is an astonishing 253.5 meters (831 feet), achieved in Vikersund, Norway. Ski jumpers soar through the air at speeds over 90 km/h, relying on aerodynamic body position more than power to achieve incredible flight.

YOUR TEXT HERE

DECEMBER 2026

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